

EXPANDING STATES IN SELF-AWARENESS

Lesson 6 - Four Phases in the Development of the Psyche

FOUR PHASES TO PSYCHIC AWARENESS

- 1- Purification via Autosuggestion
- 2- Descend to the Point of Departure from the Natural Order and Build Back.
- 3- Intensification of Development. Live in the North Half.
- 4- Orientation to Mind level. Direct the Power of the Christos into Psychic Consciousness.

I want to call your attention to the fact that the last three lessons, together with this lesson and about 2 or 3 more, is setting up a referent for this term, *telekinetical*. We're still on that, setting up a referent for it. In about 2-3 more lessons, I can close in, I'll have my referent established. Had to go back out and go through all of this process of the Power-to-be-conscious united with the Mother Substance – with the substance that we label the Mother, which operates as a unit, as one. Neither can operate without the other – according to this teaching, according to our perception and understanding. Now when that was given and detailed great stress was laid upon one particular point: This union of the Positive Power and the Negative Substance must not be construed or interpreted as a descent of something called 'spirit' into something called 'matter'. We use the word matter not as something into which spirit descends and struggles through and works itself out of and so forth. Now that was all delineated at the time that the sanction was described. Sanction – the unity of the Positive Power and the Negative Substance. But I emphasize the point – it is *not* a process of something called spirit plunging into something called matter. It is a meeting of a Positive Power and a Negative Substance comparable to an electric field setting up a magnetic field, and the polarity between the positive electric field and the negatively-charged magnetic field, and the operation between, the polarity of that operation. I'm saying that rather badly and if you will allow me to back out, I'll try to state it a little bit better. It is the operation of the polarity between a positive field and a magnetic field, the positive electric field and the negatively-charged magnetic field.

Now To the layman, to the one who has never consciously functioned in that, or to one who has not studied field physics, modern field physics, that doesn't mean very much, the functional operation in polarity between a positive (electric) and a negative (magnetic) field of force. And the operation of the two is essential for all creative processes. The operation of the two as one becomes

essential for the configurational process that we label the cosmic creative work, the cosmic creative process itself, in which you and I and every other unit of energy are integrated. We are integrated in and part and parcel of that great process, not separate from it.

Now. That was all emphasized and just a brief review before we get to the study of the psychic nature. Now catch that, students of the school, catch that. A vast, cosmic field, positively charged in polarity with a similar vast magnet field, and the polarity of the two eventuates in what we call the cosmic process, the creating process, the configurational process as representation of the states, states in which a Power-to-be-conscious is expanding, emerging, into 'higher' (single quote 'higher'), into more and more and more Self-awareness. Now if you catch that and I suggest you go to a book of physics and study the operation of a simple solenoid. A solenoid where a current is passed around a bar of iron and a positive field is set up, and automatically a negative field appears and there is the relationship between the positive field and the magnetic field. If you catch the implications involved here in this, compare that with something called spirit plunging into something called matter. I just want you to get the comparison, you see, between the two, because as we work ourselves into it, become identified with that process, and in consciousness function in it and with it, then worlds within worlds open to you. Vast illuminating worlds open to you, and that is the goal of our effort – is to learn how to do that. Because, most assuredly, it is operating in you whether you know it or not – every second, night or day, it never stops. It's operating. Isn't it preferable to know the forces by which we are motivated instead of being motivated and run ragged all over the place, see? I mean run ragged, with no understanding, with no control, with no realization of what it is all about and out of one mess into another with the best of intentions, trying to find your way.

That is what we mean when we say this school is striving to give meaning and purpose to this thing that we call life. So that we can intelligently function with it, cooperate with it, instead of in our blindness, ignorance, and stupidity, contravening it half of the time or 98% of the time and then wonder what is wrong. "What have I done to bring this on me?" If a higher one were to speak to him he'd say, "My God, my God, what haven't you done?" You see? In our blindness and our ignorance and our stupidity, trying to find our way. There is nothing mystical, nothing occult, and, gracious, nothing metaphysical about it!

Now in this process in which there is a Positive Power struggling to be conscious in a Negative Substance, or in polarity with a Negative Substance, there comes a time when that psychic nature is born. At the moment of individualization from the animal group oversoul, the psychic nature is born. (Some animals have a rudimentary psyche, because there is a sort of a beginning of the development of the psychic nature.) But in this process, now, this process, creating process, the psychic nature is developed. We have described how that came about through objective

identification. That is, this Power-to-be-conscious awakens to the consciousness of itself by identifying itself with the configurational world as objective. Now the configurational world is not objective, there is no phenomena to the configurational world. The thingifying, the objectifying, the image-making, the picture-making, is in the consciousness of each and every one, not in the configurational world. The phenomenal aspect of this world is in our consciousness, but we are integrated in the configurational process.

Now that's been explained over and over. I'm going to a little pain in this review because I see some new ones here and I do not want them to go out and when I talk about the psychic nature and think that this teaching about the psychic nature is what we're teaching in this school.

To those of you who are becoming acquainted with this system of thought as taught in this school, allow me to tell you this. It will require two years of close attention to the literature and the exoteric teaching before you can grasp in a sufficient degree the overall structure of this system of thought. So please do not judge this teaching or system of thought by any one or two or three or twelve lessons, because we just pick up a little point and work that one out, then pick up another point and work that one out, and so forth. See? But however, I'm going to a little bit of pains this morning in review to try to catch you up before I begin talking about the psychic nature. In this process, the union of the Positive Power with the Negative Substance, the electric field in polarity with a gigantic cosmic magnetic field, (that's what I was talking about) Now in this process in which all so-called manifestation or configuration comes out as a creating process, as a dynamic creative process. Now in this process, the psychic nature is developed. It is developed by reason of this objective self-conscious state, which is the first point of awakening to Self-consciousness on the part of the Power-to-be-conscious. The first awakening is objective self-consciousness, where one looks upon this world as a creation, as objective, as thingified, and so forth, and the identification with it, per se. That is the first state of awakening to self-awareness. That's self-awareness we have here. That's the first stage.

The question has been asked, "Could not the Power-to-be-conscious (that's the essential Self of each and every one of us), could not the Power-to-be-conscious awaken to a higher, wider, broader state of self-awareness without creating a psychic nature? Now, from a higher level looking at the whole process, that question is comparable to asking a similar one, by analogy: Could not a man, sound asleep, awaken without dreaming? Well (remember now, the way it is seen from a higher level), Well, yes, yes, he could. He could awaken from deep unconscious sleep without dreaming, but by golly, he doesn't do it. He dreams. We'll have to say well, yes, theoretically it could be done, but I've never known anyone to do it. He comes out of his deep unconsciousness, unconscious sleep, to the waking state through a process of dreaming. The dreams elicit more and more and more and

more of his consciousness until he wakes up and gets out of bed. The dreams elicit more and more and more of his consciousness, particularly when they get realistic, you know, and he awakens. That is generally the way it is. But now the analogy doesn't hold good all the way through. The first two stages of the development of the psychic nature that is true, but in the second two stages it's not true. The analogy won't hold and I will explain why. Now we will begin. We are through the review business.

There are four stages to psychic awakening. The dream begins. Now catch it. The Power-to-be-consciousness is emerging out of an eonian dark night of unconsciousness. Gradual, gradual, gradual, gradually awakening until it has reached a point it begins to dream. Now analyze the dream. Images and pictures look 'out there', they look real – in the dream now – and he gives values to those images and pictures, and he reacts to the value that he gives and he gets all emotionally involved. When he gets sufficiently emotionally involved, until he is sweating in the dream, he is sweating, he gets so intent, he wakes up. "Oh, my, it was only a dream!" I wish you could follow me with my playing. See, I'm playing between analogy and reality. "Whew! I'm glad that was only a dream. He was throwing me over a cliff when I finally woke up. I was sinking into an abyss of an unknown depth, and I got terrorized, but that wasn't real. Whew! I'm glad that was a dream!" Now, folks, if you think that I am just putting on an act, wait 'til you get through with this psyche! You will wake up and say, "My God, I'm glad that was just a dream." You'll say it, if you haven't already said it.

Now – I'm going to try to hold myself down here, you know, to describe it.

The first phase in the developing process of the psychic nature, the dream picture, the ensemble of the dream pictures, now the first stage is the negative phase. Believe me, I'm not talking about anyone in this room. I'm talking about everyone that is *not* in the room. Now the first phase is negative, which simply means that the Power-to-be-conscious is not sufficiently awakened to protect the operations in the dream phase, the developing psychic nature, from taking on, taking on negative, receiving, on the receiving end of everything, subjectively and objectively speaking.

Teachers of high-pressure salesmanship have some way or other stumbled on to this. that those who are in the early phases of the development of the psyche are amenable to suggestion. And a sales talk, you have to memorize your sales talk because they have been carefully worked out to be constantly suggestive. I've had many of these in this negative state of development of the psyche called the negative state come to me and ask me what to do. "I just can't resist the high pressure salesmanship. Some way or another I just... yes, I'll buy them – don't want it at all. after I bought it and put my name on the dotted line I found out I don't need that and don't want it. But why couldn't I resist it?" "Why," I said, "it's simple. Never look into the eyes of the salesman, because he

is focused on his sales talk and going to sell you. Look at his feet.” This is the way I protected these negative ones. I said, “You do nothing but look at his feet all through he’s going through his routine, you know. He’s going through his routine. You look at his feet. Pretty soon, he’ll look.” And then I said, “If he doesn’t look at his feet pretty soon, you [*really* stare at them]. Then he *will* look at his feet.” And I said, “It’s broken, you can cut it. ”

However, I just had to work out some device to protect these negative ones. Now I’m using high pressure salesmanship as illustrative of any line, for any purpose. *Nicht versteh?* You are all 21 years of age, all right now, I’m not going to pull the ears of that one and stroke it. I’m going to let it ride right there. See? The negative ones (see, kind) and afterward, “Oh, I’m glad that was a dream! Whew!” But it is something to get out. It’s easy to get in. Hmmm? awfully easy, to this, the first phase now, but it’s something to get out! (I could go on, oh, could I go on, but I don’t have to, you see, suggestively, you fill in all the gaps.)

Now the second phase in the development of the psyche. It has two aspects. One, the psychic nature takes on that which is cultivated. Now here is a point that I should have put in at the beginning. It is the etheric substance of the Mother. (You folks will remember when I had Light, energy, teloplasm, protoplasm, cytoplasm, the colloidal state, living matter and so forth as gradations of the Mother/*mater*. You remember that?) Now I am referring to the etheric, that level of the substance of the Mother between the energy world and the teloplasmic world. Or we could say the plasmic phase (plasmic means form-building, configured, form-building, plasmic) Now between the energy phase and the plasmic phase of the Mother Substance, there is a band or level that we label etheric. The etheric substance operates as a reflector, and the ensemble of that which is reflected is called the psychic nature. Now more and more about that later. But I had to put that in in order to come back here to that which is cultivated and that which is acquired by the psyche, because it is based upon this reflecting process of the etheric substance *in* the background of the creating process from the first unity of the positive with the negative to the ultimate configuration. The ultimate configuration is the malkuth. Those of you who are conversant with the tree of life, I put that in – the malkuth, the furthest out.

Keep in mind now that the negative phase of the psyche operates by taking on conditions, reflecting what is presented to it; but it is the etheric substance that is the reflector, and the ensemble of that which is reflected is called the psychic nature. All right. Now, let’s unify the two for the present. But the psyche reflects that to which it is exposed. Now, there are some motivations that are due (the etiology of it) are due to the basic state in which the Power-to-be-conscious is conscious – the basic state in which the Power-to-be-conscious is conscious – creative urges. Those creative urges that are basic to the state, are natural order, no matter what they are now, because there is no ‘high’

nor 'low' nor 'good' nor 'bad' to this. Because the aborigine is in a state and he operates like an aborigine. The Power-to-be-conscious in what we call a dog is a dog, and he can't be anything else but a dog. Nothing 'good' nor 'bad'; nothing 'high' nor 'low'. Take all of the gradations of development from the aborigine, tribal state of humanity, on up – let us say to where we are now – emerging out of the animalized into a higher consciousness of our humanity. Because there is where, striking a broad, general rule, we are; we're just emerging out of the animalized state into a higher cultural state.

But however, now, That which is basic to the state in which the Power-to-be-conscious is conscious, those are internal, telekinesical, telekinesical urges. And those are cultivated. Up to a certain point it is perfectly natural order to cultivate them. But the rule is this: man does not stop at the fulfillment of his basic creative urge. He goes beyond and beyond and beyond and cultivates more than is necessary. See? He steps over the line at his basic creative urges, the motivations that are deep within him. Up to a certain point it is natural order to create, to express those creative urges, to fulfill the state in which one is conscious at the moment. We have a rule that is getting to be a cliché in our school, that only as one fulfills the state in which he is now conscious, basically conscious, can he expand his consciousness beyond that state. It is the fulfillment, not the advancement and the running away trying to get on some higher level, a 'spiritual' level. If you're a dog, be a good dog. See how good a dog you can be, if you find out that that is your basic state – your creative urges at that state. That's what I'm trying to tell you. But not some flight from reality, trying to get into some 'higher', 'spiritual' world before you have fulfilled the state in which basically you are now conscious. The "you" there means anyone – or any 'thing' or any creature.

Those of you who want to preserve your myths and want to preserve your illusions about taking flights into spiritual worlds and devachan and nirvana, please don't come to this school. Go take your flights and fly your kites, because you may go up like a Fourth of July skyrocket, but you're going to fall down like a dead stick sooner or later, because the basic state in which you are conscious is going to bring you back to that basic state. So we're trying to get the basic state now and understand it and go along with it, instead of taking some flight out of it or beyond it and soar and soar and soar until we can't soar any sorer, and then bang, down we come like the dead stick. No need to do that, because these are false teachings that lead us astray, that cause all of that flight. You have it in your Good Book, "I come to fulfill the law and the prophets, not to destroy them." Then how come all of this flight away from reality? False teaching. But let's pull ourselves back here. Up to a certain point, express the creative urge where you are basically conscious, but don't go beyond it and cultivate false conditions, because those conditions will accumulate and accumulate as desire

forms, as thought forms, as qualities, as gunas, aggregations of them in the psychic nature. That is the cultivated.

Now the acquired. There are so many in the process out of this negative state that take on influences, entities, because these thought forms in the psyche can develop to the point that they can migrate, one to another, from one psyche to another. They migrate like entities. On the objective level, the configuration of them, they migrate, too. Don't think I'm kidding you, because you don't see them, and you can't hear them, and you can't bite them, or smell them and yet they can be seen, can be touched, and contacted, and heard and everything else. They *can be*. But because you do not see them, do not think that those influences, forces, and entities do not migrate from one psyche to another.

Now I'm talking about that which is acquired.

When we become acquainted with the way that the psyche works and functions, we treat these migratory influences similarly as we treat contagious diseases in the objective sense. And we go a step further. We attribute a large percentage of what is called objective physiological diseases to that which has been acquired in the psychic side of one's person. If we can get to it where we can have a class in nothing else except the new age therapeutics, we will take case after case and case after case and classification of disorders and diseases one after another and after another. And we will trace 98% of them back into that which has been acquired by the psyche, and these influences come out as representations in the configuration. We treat it the same as contagious diseases, that is, as one in objective identity would treat contagious diseases. When we learn how that psyche operates and will negatively take on that to which it is exposed – rappings, synchronization of frequencies (you take on, exchange energies), places, even radio programs, certain programs. Don't listen to them. See? You'll take on what you read, your magazines, your newspapers, and what-have-you, the one in this state now, second degree or first degree in the development of the psychic nature must be very circumspect, more than anyone else. Very circumspect [about] what he is going to expose his psyche to. Places, persons, reading, what he allows, you know, in his consciousness, in his home, in his rappings, and familiar relationships. He is very circumspect, because beneath the level of the cortex, beneath the level of the censorship, this is operating all the time. All the time, it is operating.

Now Let us say one gets loaded up with what he has overly cultivated and what he has acquired. Then we enter the third phase. Ha! ha! ha! ha! ha! We enter the third phase. But the Power-to-be-conscious now is awakening up – more. This is all in the process of dreaming and becoming awakened. What awakens him at this third phase in the development of the psyche or the way the psyche functions? What awakens him more than anything else at this third phase? Here is what we

look for. Here is what yours truly looks for, not the one who is full of adoration, glamorized enthusiasm, and so forth. He is looking all the time for one who has reached the state of utter and complete disgust. “I’m just so fed up; I’m just so nauseated. I’ve gone out and vomited, literally vomited, I’m sick with what I’ve cultivated and what I’ve taken on. And by the great horned spoon, I don’t want to take on anymore and I don’t want to cultivate any more. I’m sick, and I’m fed up, and I’m disgusted beyond words.” That is the one I’m looking for. “Come on in, the water’s fine, but it’s going to be a tough fight with a short stick.” See? You reach the third stage and the third stage is nothing but a battlefield. Don’t kid yourself. If you don’t think it’s a battlefield well then you go to ‘Sweetness and lighters’. They will just tell you, dish out sweetness and light. “Why, everything is fine. All the evil in the world? Just turn your face to the light.” How I wish it was that easy! I do. I wish it was that easy, but it isn’t. It’s a tough fight, because now, defending the plains of Kurukshetra (you folks go along with me?) the plains of Kurukshetra.

Well, all right, I give you another analogy. The Battle of Armageddon begins. Now if we were in the Orient, we’d talk about the plains of Kurukshetra as developed in the *Bhagavad Gita*. Here in the Occident, we’ll talk about Armageddon. The eternal battle – you enter the battlefield between the Light worlds and the darkness, between what we call “The Good” (as Plato used the word Good), the Good, the God, the Good and that which deters us and holds us down, in the evil, in the darkness. There is the fight. I described the fight between the north half and the south half. Here is where we enter it. Until the north half conquers, conquers, and has to live in the same physiological, configurational house and in the same psyche for quite a while with the entities occupying the south half. You have both! You can raise your forces, at that state now only you can raise your forces until the sound currents are singing and ringing, and while you are listening to the sound currents singing and ringing, the entities in the south half are just kicking up hell to attract your attention, to bring you back down. You have to live in the house with the two of them until time (don’t forget this, folks, time, time allows for the complete victory) – the fourth and last stage of the development of the psyche. In Kabbalistic lore the rabbis labeled it Ardath. Clear! Clear! from bottom to top.

You remember now the one who had brought all of his forces up, raying through the crown center into the field, into the Autonomous Field? Clear to the bottom of his psychic nature, he was clear. The entities in the south half are all expurgated.



The Egyptians called it the Garden of Aarru, and we in our school have copied the label from the Egyptians for this reason. We did not want to call it the Garden of the Gods, because tourists have gone to Colorado and have seen the red rocks up there out of Morrison and they get this objective identification about the Garden of the Gods, you know, it's a lot of red rocks up there in Colorado. We didn't want to fall under that semantic interpretation, so instead of saying the Garden of Eden or the Garden of the Gods, we say the Garden of Aarru. The battle is over. They stand clear and clean, polarized to Light's Regions, and infused with the downscending [descending] power of Light, knowledge, wisdom.

Thank you. We'll go on from here next Sunday.